

Dear Parents and Carers,

Our School will be commencing a Sexuality and Relationships Education program for Stage 3 students. This program meets the needs of our school community and the national curriculum. The lessons will take place on Monday 6th and Tuesday 7th November for students in years 5 and 6.

Sexuality and relationships education is a lifelong learning process. It involves learning about physical growth and development, self-esteem, body image and relationships, a positive attitude towards sexuality, information to care for their bodies now and in the future and the development of skills to make healthy decisions.

What to expect

As part of the program your child will be involved in three Puberty and Personal Development workshop facilitated by Sexual Health and Family Planning ACT (SHFPACT). SHFPACT have been providing comprehensive sexuality and relationships education to the Canberra community for over 40 years. The SHFPACT sessions will cover the following topics:

- Private body parts
- Developmental changes that occur during puberty
- Typical male and female reproductive systems
- Consent

The workshops are a mixture of large group, small group and discussion-based learning. Our school has decided that some of the workshops will take place in single sex groups. While students will be separated into male and female groups, the content covered is the same.

Parents and carers are the primary sexuality educators of their children. Our school supports parents and carers to provide sexuality and relationships education to their children. Children will be encouraged to ask questions and talk with their parents and other trusted adults about information covered in this, and other sexuality and relationships education programs.

Please return the attached permission note for your child to attend the sessions.

Please do not hesitate to get in touch if you require any further information.

Regards

Clare Sullivan
Principal

Sexuality and Relationships Education Program for Stage 3 Students

Please return this permission note by Thursday 2 November 2023.

I hereby consent to my child _____
in class _____ participating in the Sexuality and Relationships Education Program delivered
by Sexual Health and Family Planning ACT for Stage 3 students on Monday 6 and Tuesday 7 November
2023.

Parent/Caregiver's Name: _____

Signed: _____ Date: _____